



# Can your child go to school, daycare or return to regular activities?

This guidance is for children ages 6 months and older, regardless of vaccination status.

This guidance does not apply if your child:

- is severely immunocompromised or has a complex medical history;
- has tested positive for COVID-19; or
- is younger than 6 months of age.

Observe and talk to your child every day to see if they have new or worsening symptoms.

## Red symptoms

- Cough
- Fever
- Chills
- Loss of taste or smell
- Shortness of breath or difficulty breathing



## Yellow symptoms

- Headache
- Runny nose or congestion
- Sore throat
- Nausea, vomiting or diarrhea\*
- Fatigue or just unwell (muscle aches not related to physical exertion, significant loss of appetite)



## No symptoms

- Your child can go to school or daycare and return to regular activities.





## **If your child has 1 or more red or 2 or more yellow symptoms, your child should stay home**

- Your child should not attend school, daycare or take part in regular activities until they feel better.

## **If your child has 1 yellow symptom or no symptoms**

- Your child can participate in regular activities, school or daycare.
- Monitor your child for new or worsening symptoms.
- \*However, if your child is throwing up or has diarrhea, keep them at home until 48 hours after their symptoms have gone away.

## **Exceptions**

- If your child has tested positive for COVID-19 within the past 45 days, they do not need to self-isolate or be tested. Once your child feels better, they can return to school, daycare and regular activities.
- You do not need a written note from your health care provider for your child to return to school, daycare and regular activities.