

# Fall Parenting Workshops

6:30 PM  
BERINGIA CENTRE



**Aaron Bailey,**  
ADHD & Executive  
Function Life Coach

## WELCOME TO YOUR CHILD'S ADHD BRAIN

Tuesday, October 25

Parents and guardians will leave with a better understanding of what ADHD is, how it makes your child feel, and how you can begin to implement pragmatic strategies – together!

## PARENTING: YOU ARE NOT ALONE

Wednesday, November 16

**Stace Burnard,**  
Education & Parent  
Clinical Consultant



Stace will present practical and easy-to-implement strategies for you to help children become self-regulated, responsive, and engaged with other family members.

